

Bromley Hills School Newsletter

Spring Term Week 3
24th January 2025

Visit our website: www.bromhills.dudley.sch.uk
email: info@bromhills.dudley.sch.uk



MESSAGE FROM THE HEADTEACHER

Dear Parents/Carers,

This week, our Y5/6 school football team played against Ashwood Park primary school and won 8-3. This is a very impressive score – well done to all of the team for playing so well. Mr Johnson was very impressed by their performance. Keep it up!

Well done to Tabitha, Paisley and Kendall for their winning designs in the Kingswinford in Bloom competition. Tabitha won 1st prize for her entry, which will be used as a design this year by the Kingswinford in Bloom organisation – watch out for it! Thank you to the organisers for coming into school and awarding the prizes.

Also, well done to the children below for their winning entries in the Christmas writing challenge. Miss Bird was very impressed by all of the entries, and the English Ambassadors judged them. Keep an eye out for the next writing challenge!

I would like to welcome Sharmini Sivakumaran to our Governing Board, as our new parent governor. I hope she enjoys her role and look forward to working with her alongside our governors.

Have a lovely weekend.

Many thanks, Jon Stevens.

DATES FOR YOUR DIARY

FEBRUARY

Tues 4th Parents of SEND Children meeting at 9am

Mon 10th Y5 Bike Ability – group 1

Tues 11th – Safer Internet Day

Wed 12th Y5 Bike Ability – group 2

Mon 17th – Fri 21st – Half Term

MARCH

Wed 5th Last Swimming Lesson for Class 5B

Thurs 6th - World Book Day

Tues 11th Parents' Evening 3.45pm – 6pm

Wed 12th First Swimming lesson for class 5/6K / Last lesson for Class 3/4L

Thurs 13th Parents' Evening 4pm –

ATTENDANCE THIS WEEK

Class RB – 97%

Class RL – 98%

Class 1B – 94%

Class 1/2F – 99%

Class 2T – 98%

Class 3H – 96%

Class 3/4L – 93%

Class 4N – 95%

Class 5B – 95%

Class 5/6K – 96%

Class 6B – 94%

Total attendance for this week is: 96%

Well done to class 1/2F for **99% attendance this week!**

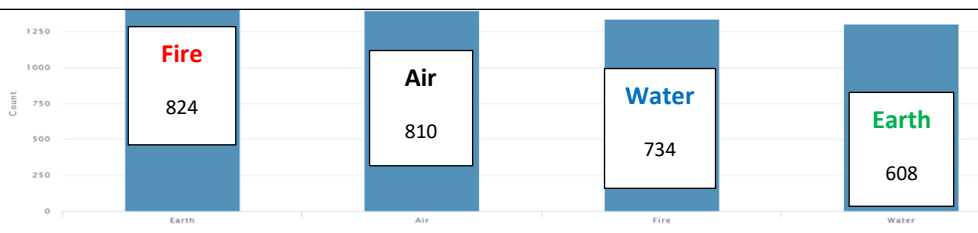
KINGSWINFORD IN BLOOM WINNERS

Photo Removed

WRITING CHALLENGE WINNERS

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HOUSE POINTS – THIS WEEK'S WINNERS ARE: FIRE!



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A packed lunch can be a good and healthy meal as long as it is balanced. Choose one food from each of these four groups to plan a balanced packed lunch for your child. The School Food Plan is now a legal requirement for all food served in schools and we would like lunches brought into school to follow our 'Healthy Eating' ethos.

Group 1 Carbohydrate foods

Bread – wholemeal, white, brown

Rolls or bagels

Pizza, pitta bread or wraps

Potatoes, rice, pasta or noodles



Group 2 Protein Foods for fillings and toppings –

Meat & Fish - beef, lamb, ham, pork, bacon, chicken, turkey, tinned tuna, salmon, mackerel, sardines, pilchards;

Cheese or cheese portion

Eggs, Pulses, kidney beans/chickpeas in a salad



Group 3 Vegetables/Salad and Fruit

In sandwiches – cucumber, tomato, onions, lettuce etc.

Salad or Coleslaw; Vegetables sticks, cherry tomatoes, radishes

Vegetables mixed in with other dishes e.g. in potato or pasta salad

Fresh fruit –apples, satsumas, bananas etc;

Fruit in jelly or small tins; Dried fruit – apricots, dates, apple slices, raisins



Group 4 Milk and Cheese

Yoghurts or Fromage Frais

Milk puddings e.g. Muller rice or Ambrosia custard

Grated cheese in sandwiches; cheese portion or Dairylea and cheese biscuits



Group 5 Fatty and Sugary Foods – Chocolate, biscuits etc are all extra and are not an essential part of the diet. Try and include food from the above four groups before you use these foods. **sweets are not to be sent as part of a packed lunch in line with our policy to encourage healthy eating in school.**

Drinks- Only water or low calorie still squash or pure fruit juice should be sent as the drink with packed lunches.